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TATLER Beauty

Edited by OLIVIA FALCON



Spotlight

CALLING FAT-BUSTERS...

Angelina's abs, Kylie's bum or Sienna's super-svelte thighs... Whatever's on your wish list, there's a sneaky new way to achieve the body beautiful. Beyond MediSpa at Harvey Nichols (ring 020 7201 8595 or visit beyondmedispa.co.uk) will be the first place in the UK (from the end of February) to offer the pioneering fat-freezing treatment Zeltiq, £750-£1,200. Designed by scientists at Harvard, this new technique uses cryotherapy and, unlike the liposuction and the lasers of old, it involves no bruising and swelling. Instead, a vacuum-like wand is passed over the surface of the skin to selectively cool fat cells down to four degrees while leaving the surrounding tissue undamaged. Several days after the procedure (no anaesthetic or needles are used, so there is no recovery period), the cooled fat cells begin a process called apoptosis and begin to shrink. Over the next three months, they are slowly digested by the body and are flushed out through the liver. Using ultrasound to measure the fat layer, clinical tests have shown it can be reduced by about 25 per cent. Exciting news - just thinking about it is giving us goosebumps. **Olivia Falcon**